

OASSA CHEER OHIO

2019 CAMP OVERVIEW

• **Cheer Ohio Personal Instructors:** Our goal is simple this summer--WE WANT EVERY TEAM TO GO HOME WITH NEW MATERIAL AND SHOW MARKED IMPROVEMENT! We will assign each team to a Cheer Ohio Personal Instructor (PI) who will offer individualized attention and helpful critique to your squad(s). This staffer will work with your team one-on-one during daily personal instruction time ("PI Time"). Our staff is committed to taking your team to the next level! To assist us in PI assignments, please note during registration and/or inform us at Check-In if you are combining squads (*for instance, 7th & 8th Grade teams into one "combo" MS squad.*) Thanks!

• **Home Dance Evaluation (Day 1):** Show us what you've got! This is a fun dance competition and a great way to represent your school at the start of camp. Have fun with it! Score sheets will be completed for each participating team, and trophies are awarded to the top teams. Do the music segment of your new competition routine or make up a fun dance to take to camp. ****Home Dance is OPTIONAL**** (*Be sure to bring your music in a couple formats—i.e., 1 CD and 1 smartphone in case one does not work—and your proof of purchase for your music!*)

HOME DANCE GUIDELINES:

- MINIMUM TIME LIMIT: 45 SECONDS
- MAXIMUM TIME LIMIT: 2 MINUTES
- NO TUMBLING PERMITTED IN HOME DANCE ROUTINES
- NO CHEER/CHANTS PERMITTED IN HOME DANCE ROUTINES

• **Home Cheer Evaluation (Day 1):** Bring a cheer from home to perform for your first cheer evaluation. Incorporation of jumps and tumbling are permitted in Home Cheer Evaluation. Building teams MAY include building skills. One chant or cheer that is learned during cheer instruction on Day One will also be performed for the evaluation. *HOME CHEER PARTICIPATION IS RECOMMENDED but not required—please come prepared with a Home Cheer (many schools bring their tryout cheer).*

• **Cheer Ohio Evaluation Sheets & Ribbons** Each day written evaluation sheets will be given to each team to help improve cheer/chant performance. Ribbons will be awarded with the evaluation sheets. Work hard to improve your team's evaluation and ribbon each day. The daily evaluations are not a competition--you will compete only against yourself in showing improvement each day. At Cheer Ohio we're all about teamwork and improvement!

- **Cheer Ohio Spirit Megaphones/Spirit Key Awards:** We will end each evening at camp with awards. Cheer Ohio Spirit MEGS will be given to teams that project a great attitude, have fun, and show amazing spirit! Each coach should encourage his/her school to display a positive team attitude and sportsmanship each day at camp.

The most prestigious award at our Cheer Ohio camps is the **Spirit Key Award**. At the end of camp each school nominates the teams whom they thought best exhibited positive team attitude and sportsmanship all week. The teams selected are presented the coveted Spirit Key Award at the Final Day awards ceremony. Spirit Key Awards are presented to Varsity, JV, and Freshmen-level teams at all four Cheer Ohio camps. A separate Spirit Key Award will be presented to the top-voted Middle School team (7th, 8th, or combo 7th/8th grade) at specially- designated “Jr. High Awards” camps (Camps #2 and #4). *At Camps #1 and #3, Jr. High/Middle School teams will be grouped with the Freshmen teams when being considered for this award.*

- **Cheer Ohio Material:** At Cheer Ohio we offer crowd response cheers and chants designed to get them to yell with your cheerleaders. We stress the importance of motion placement, sharpness, etc. Clean, sharp motions make the difference! We offer a variety of dances at camp. Our clean, usable material is what makes us stand out from the rest. **Be sure to check out our camp schedules on the Cheer Ohio webpage at <http://www.oassa.org/cheer-ohio>.**

- **Cheer Ohio Camp Pizza Party:** Staff, campers, and coaches gather for fun and food on the last evening of camp (see 3- and 4-day camp schedules). Order pizzas at a CO discounted rate. Dress is casual. **Turn in completed form and payment at Camp Check-In on Day One.** **Download Pizza Party Form here: <http://www.oassa.org/cheer-ohio-forms-documents>**

MORE CLASSES AT CHEER OHIO!!

- **Jump Class:** More jump exercises to take home and help increase jump height, flexibility, and execution. This class is designed to teach the proper form and offer helpful hints to improve your squad’s jumps.

- **Daily Review of Material:** At CO we want your team to leave camp knowing all the camp material. The staff will lead this session with the campers and review each cheer, chant, or dance that was taught that day. Coaches are welcome to video any of the review sessions to take back home (see NOTE below.)

- **Optional Dance Classes:** We know your squads love to dance, so we’re giving you more. Split up your team (or stay together and pick your favorite) and take dances home for pep rallies and back-to-school events.

- **Team Building:** It’s all about teamwork. Have fun and bring your team members closer together at Cheer Ohio.

- **Fight Song/Intermediate Dance:** Fight song and Intermediate Dance are optional. Your team may pick one or the other to learn. It's a great way to learn a fight song or extra dance for your season. There is an optional Fight Song/Intermediate Dance competition for a chance to get feedback on your dance and performance.

- **Pom Routine/Theme Routine:** Your team can also choose to learn a pom routine or theme routine that will go with any band song, and/or a song of your choice.

NOTE: There will be **no Camp-produced DVD** offered for purchase at this year's camps. Coaches are welcome to video any of the review sessions to take back home (*use your smart phone, iPad, etc.*) Camp staff will provide filming tips and guidelines and advise of any restrictions once you are on-site.

CAMP THEME FOR 2019– “Start Your Engines” (Racing/Racecar Theme)

For questions about camp content or instruction, please contact Cheer Ohio Camp Director Kaylie Martinez at Kmartinez@oassa.org or, visit our Cheer Ohio webpage at: <http://www.oassa.org/cheer-ohio>.