



2016 CHEER OHIO CAMP

CAMP CHECKLIST/THINGS TO BRING

BEDDING/PERSONAL

- Bedding (sheets, pillow, blanket) - beds are Twin XL
- Towels, washclothes
- Pajamas
- Toiletries (shampoo, toothpaste, etc.)
- Sunscreen, medical supplies (aspirin, etc.)

CLOTHING

- Cheerleading Shoes
- Cheerleading Uniform
- Camp Clothes (3-4 days' worth)
- Bathing Suit
- Undergarments/socks/tights
- Sweatshirt or warm-up jacket

Note: Most teams wear matching clothes each day and uniforms during the final day evaluation. This, however, is not required and teams are not evaluated on clothing.

ADDITIONAL ITEMS

- Electric Fan (most sleeping rooms are NOT air-conditioned; most halls DO have air-conditioned lounges.)
- Bag for Laundry
- Camera (including smart phones)
- Hair dryer/curling irons, etc.
- Braces (ankle, knee, etc.)/Athletic tape
- Alarm Clock/CD Player
- Spending money
- Phone Charger

